

Living a Lifestyle of Prayer (part II)

“I desire therefore that the men pray everywhere, lifting up holy hands, without wrath and doubting.” (1st Timothy 2:8, New King James Version).

This is the key Bible verse for the **“Come and See”** devotional today.

Jesus Christ prayed without ceasing so He could fulfil His destiny. He told His sleeping disciples: *“watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”* (Mark 14:38, New International Version).

The main reason why Jesus Christ prevailed during His temptation by the devil in the wilderness was because He never stopped praying! Jesus was not physically strong when the devil came to tempt Him because He had just completed forty days and nights of fasting. However, He was spiritually alert because He did not only fast but He also prayed. He later dismissed the devil saying: *“away with you, Satan! For it is written, ‘You shall worship the Lord your God, and Him only you shall serve.’”* (Matthew 4:10, New King James Version).

If we are to succeed then we need to pray at all times. The world today is becoming more complicated and so we need incessant prayers to stay above the enticements and temptations that surround us. During His final days on earth, Jesus Christ knew what this world would become and He prayed to God on behalf of every believer saying: *“I do not pray that You should take them out of the world, but that You should keep them from the evil one. They are not of the world, just as I am not of the world. Sanctify them by Your truth. Your word is truth.”* (John 17:15-17, New King James Version). The reality is: *“sufficient for the day is its own trouble.”* (Matthew 6:34b, New King James Version).

Prayer should not be an occasional exercise: instead it should be a daily calling and part of a lifestyle that we should follow. The disciples asked Jesus Christ to teach them how to pray and He gladly obliged, while pointing out that prayer should be a day-to-day obligation. He said: *“give us this day our daily bread.”* (Matthew 6:11, New King James Version). Prayer guarantees our daily provisions.

Prayer is a two-way, sustained communication between God and man! There is no restriction on prayer as long as it is done in faith and without doubting that one is speaking to a Living God. Psalms 65 verse 2 says *“O You who hear prayer, To You all flesh will come.”* Please make prayer a daily commitment because this is the only way we will fulfil our divinely prepared purpose and arrive safely at our destination as the Lord has intended. Those who pray are always positive.

Let us pray: *“Father, may I receive your Grace and help and may I call upon you daily concerning all my earthly affairs. I refuse to make any move without consulting with your wisdom,”* in Jesus’ Mighty Name, Amen.

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